

Equipment for North Pole Last Degree

TECHNICAL GEAR

- Skis with bindings and skins. – *Rent free*
- Ski poles. 1 pair. – *Rent free*
- Ski expedition boots- *Rent free*
- Cargo sledge – *Rent free*
- Carabines: 2 regular.- *Should be brought*
- 35 L Backpack – *Provided and included*

CLOTHING

- Expedition weight Power Stretch underwear : 1 kit — *Should be brought*
- Light weight Polycolon (or other synthetic) underwear: 2 kits — *Should be brought*
- Polartec 300 jacket & pants: 1 kit — *Should be brought*
- Polartec 200 jacket & pants: 1 kit – *Should be brought*
- Thinsulate warm jacket and pants — *Should be brought*
- Overall shell jacket and pants — *Should be brought*

MITTS & GLOVES

- Expedition mitts: 2kits – *Should be brought*
- Windstopper gloves: 1kit — *Should be brought*
- Hand warmers: *Optional*

SOCKS

- Expedition socks: 3 pairs heavy weight — *Should be brought*

HEADGEAR

- Knitted wool hat, Windstopper lining: 1- *Provided and included*
- Windstopper pile hat: 1 — *Should be brought*
- Polycolon (or other synthetic) balaclava: 1 — *Should be brought*
- Neoprene face mask 1: *Optional*
- Sun glasses: 100% UV & IR: 1- *Should be brought*
- Ski goggles: 100% UV & IR: 1 – *Should be brought*

CAMPING EQUIPMENT

- Tent (one for two persons) – *Rent free*
- Sleeping bag -30 C°:1 – *Rent free*
- Sleeping mats 40 mm – *Rent free*
- Tent booties or Gore-Tex socks: *Optional*

- Eating utensils: Cup: plastic with snap-on lid (retains heat well and is spill resistant). Spoon: Good quality tough plastic. Bowl: Deep plastic with 2-3 cup capacity. Knife – *Should be brought*
- Stainless steel thermos 1L:1 – *Should be brought*
- Pee bottle: 1 1litre large mouth: 1 – *Should be brought*
- Toiletry kit: Include toilet paper, soap, toothbrush, etc – *Should be brought*
- Sunscreen: SPF 40, large tube – *Should be brought*
- Lip screen: SPF 40, at least 2 sticks – *Should be brought*
- Personal first aid kit: Aspirin, Moleskin, Adhesive tape, Band-Aids, etc – *Should be brought*
- Garbage bags — *Provided and included*
- Stove, cooking set and fuel — *Free rented*

TRAVELLING

- Large duffel bag or backpack: 1 or 2 for gear transportation – *Should be brought*
- Compression stuff sacks: *Optional*
- Travel clothing – *Should be brought*
- Camera gear: *Optional*